

JhenHkxorxhirk ea l erk dh vo/kkj .kk

डॉ० संदीप देवज

'kks/k l afki dk % Hkkjrh; ofnd okax; ea vud xlfkka ea l erk çkflr ds fy; s ; ksx dh ppkz ; dh x; h gs i jUrq tks xhirk ea l erk ds fy; s tkj fn; k x; k gs og vU; fdl h xlfk ea bruk ugha fn; k x; kA gj 0; fDr dk dÜk; gsfd og vius thou dk l jy , oa l çkerk l s ; Dr djrs gq s l erk dh çkflr djA bl l erk çkflr y{k.k , oa mik; crkus l sigys l erk 'kcn ij fopkj djuk mfpr gksxA

l erk 'kcn dk vfkZ oS s rks cjkch] rY; rk vkfn gs i jUrq xhirk ea l erk 'kcn ekufi d l rgyu ds fy; s mi ; ksx fd; k x; k gA bl h ckr dks Hkxoku-Jh N".k vtU l s dgrs gs fd gs i kfkZ n w vl fDr dks R; kx dj l Qyrk , oa vl Qyrk ea l eku cf) okyk cu] ; ksLFk gksdj vius dÜk; deZ dks dj] ; g l erk gh ; ksx dgykrh gA² ; gk; Hkxoku-Jh N".k dk dguk gsfd l nhz xehz Hk[k l ; kl] eku vieku] gkfu&ykHk] t ; ijkt ; l Hkh voLFkKvka ea eud; dks l eku cf) j [kuh pkfg; s bl h ea thou dh l Qyrk gA D; kfd l ecf) l s ; Dr gh rÜo Kkuh deka ds Qy dks R; kx dj] tle&ej.k : ih cl/ku l s eDr gksdj] fufokj jgrs gq } ije in dks çkr djrs gA³ eud; l ka kfjd rki ka l s rlr g\$; fn xhirk ea crk, x; s ekxZ dks vi uk; } rks l d kj ea , s h dkbZ l eL; k ugha g\$ tks xhirk ea ftl dk fuokj .k u gkA bl fy; s xhirk ea fufnZV Kku dk eud; ikyu djs vfkkr~thou ea mrkj} vks l erk çkr dj l d kj ea rj us okyka dh Hkkr thou 0; rhr dj} vks bl bz oj fufeZ l d kj dk Hkksx djrs gq ije in dh çkflr dj} ; gh gekjk bl 'kksk i = dks fy [kus dk mÍs ; gA ^xhirk ea l erk dh vo/kkj .kk* bl 'kksk i = ea xhirk ds ftu rÜoka dk fopkj dj eud; vius Hkhrj l erk dh Hkkouk yk l ds ml çdkj ds rÜoka dk foopu fd; k x; k gA

çLrkouk % oS s rks vkt l s yxHkx 5000 o"Kz igys Hkxoku-JhN".k us vtU dks xhirk dk mi nsk fn; k Fkka i jUrq , s k ugha gsfd ; g mi nsk ml h egkHkkr dh çkl fxdrk ea ykxw gks vfi rq ; g Kku gj ; ç ea vks rhuka dkyka ea ykxw gkrk gA fopkj .kh; ckr ; g gsfd egkHkkr ; Dr ds

1 vfi LVWV çkQs j %vfrfKk] ; ksfoKku foHkx] x#dyy dkxMh %l efo' ofo | ky; % gj }kj
2 ; ksLFk% d# dekF.k l x R; DRok /kuat ; A
fl) Ofi) Öks l eks HkRok l eRoa ; ks mP; rAA xhirk 2@48
3 delta cf) ; Drk fg Qya R; DRok euhf" k .kA
tUecl/k fofueDrk% i na xPNUR; uke; eAA xhirk 2@51

çkjEHk ea Hkxoku- Jh Ñ".k us vtü dk jFk nq kZku ds l Eedk ugha [kMk fd; k tçfd eq; 'k=q nq kZku gh Fkk] fQj Hkh vtü dk jFk fi rkeg Hkh"e ds l keus [kMk fd; k] D; kfd Jh Ñ".k dks bl ckr dk irk Fkk fd vtü l cl s T; knk ekq fi rkeg Hkh"e l s gh djrs Fk] vk] ; fn ; g ekq l eklr gks tkrk g\$ rks vl; i fjtuka dk ekq rks vYi gh Fkk] ; fn ; g ekq l eklr dj fn; k tk; s rks /keZ dh fot; ea l Qyrk gkfl y fu'p; gks tk; xh] D; kfd ; g l cl s cMk /keZ l çV Fkk] vl; l c NkV s l çV FkA vc ; gk; , d h fLFkr Fkh] fd ; fn vtü ; kx l s ; Dr gkrk] rks /keZ ; q] djsxk] vk] ijkt; ; k LoxZ dh çkflr djsxk vk] ; fn ; kx l s ; Dr ugha gksk] rks i ru ; k udZ dk Hkxh gkskA i jUrq Hkxoku- Jh Ñ".k us rks /keZ dh fot; djkuh Fkh] vk] /keZ dh fot; rc rd ugha gkuh Fkh] tc rd vtü ; kxh ugha cu tkrkA bl fy, Ñ".k us vtü dks ; kx dk Kku fn; k] vk] ml l e; ogh ; kx dh egÜkk FkA

; fn 0; fDr dks thou dk çR; ç {k.k vkuln ds l kFk 0; rhr djuk g\$ rks fu'p; l s xhrk ds Kku dks thou ea 0; kogkfjd : i ea mrkjuk gkskA /keZ l çV vk] fol kn ftruk vtü dks gqvk Fkk 'kk; n gh gekjs bfrgkl ea dkbZ nit jk mnkgj.k gks vk] oks Hkh ; q] ds l e; i jA vtü ds vR; Ur nqf[kr gkus i j Hkxoku- Jh Ñ".k vtü dks dgrs g\$ fd gs dksRs ! vki dk deZ djus dk vf/kdkj g\$ deZ djs vk] ; kx l s ; Dr gkdj deZ djk] Qy dh bPNk er djka⁴ gs vtü! n fu"dke Hko l s deZ dj l dke Hko l s ughA xhrk ds nit js v/; k; ea rks ; gk; rd dg Mkyk g\$ fd gs vtü! bl deZ ; kx ea fu'p; kRed çf) dk; Z djrh g\$ vk] og , d gh gsrh g\$ vk] tks eud; vLFkj fpÜk okys foodghu l dke eud; ka dh çf) ; k; fu'p; gh cgr Hknka okyh vk] vullr gsrh gA bl fy, fLFkj fpÜk okyk cuA⁵ vkxs nit js v/; k; ea ; g Hkh dg fn; k fd gs vtü! n vukl Dr Hko l s vFkr~-vkl fDr l s jfgr gkdj fl f) vk] vfl f) ; ka ea l eku çf) okyk gkdj ; kx ea fLFkr vFkr~-; kx l s ; Dr gqvk dÜk; dekdks djA l eRo gh ; kx dgykrk gA⁶ vkxs Ñ".k us çf) ; kx dh ckr dghA ; gk; çf) ; kx dk rkRi ; Z nk' kZud çf) l s g\$ Ñ".k dgrs g\$ fd çf) ; kx l s l dke deZ vR; Ur gh fuEu Js kh dk g\$ bl fy; s gs /kuat ; kRk l eçf) ea gh j {kk dk mi k; <k] çf) ; kx dk gh vkJ; xg.k dj] D; kfd Qy dk grq cuus okyk vR; Ur nhu gA⁷ çf) l s l erk j [kus okyk 0; fDr i q; vk] iki dks bl h ykd ea R; kx nrk gA

4 deZ ; çkf/kdkj Lrs ek Qy'skq dnkpuA ek deQy grhkk rs l çkL.Rokर्मणि ।। गी० 2/47
5 0; ol k; kRedk çf) jdg dç#ullnuA बहुशाखा ह्यनन्ताश्च बुद्ध्योऽव्यवसायिनाम् ।। गी० 2/41
6 योगस्थ कुरु कर्माणि संग त्यक्त्वा धनंज्य । गी० 2/48 fl) Ófl) Óks l eks HkRok l eRoA ; kx mP; rAA
7 nij's k áoja deZ çf) ; kxk) uat ; A

vFkkR-mul s v; qR gks tkrk gS D; kfd l erk fpUk dks fueZy , oa fu"iki dj nrh g\$ bl fy; s l eLo: i ; kx ea ykxw gkrk gA ; g l eRo: i ; kx gh deka ea dqkyrk gA vFkkR- deZU/ku l s NW/us dk mik; gA⁸ l erk gh euq; dks eksk çkR djus okyh fLFkr gS tc euq; l q[k&nq[k] gkfu&ykHk] eku&vi eku] Hkq[k&l; kl] l nh&xehZ l Hkh voLFkkvka ea , d j l jgrk gS ogh voLFkk l erk dgykrh gA mnkgj.k ds fy, ge Jh jke dks gh ys yrs g\$ fd tc dbZ eghuka l s jke dk jktfryd djus dh r\$ kjh py jgh Fkh] rc og , d j l Fk\$ Jhjke ij rfud Hkh dkbZ [kd kh dk fplg ugha Fkk mudk LoHkko xEHkj Fkk] os l erk ea Fk\$ vk\$ tc fir k us 14 o"iz ds ouokl dk vkn\$ k fd; k rc Hkh muds pgjs ij dkbZ cnyko ugha Fkk os , dne xEHkj Fks cl ; gh l erk dgykrh gA Hkxoku- Jh N".k vtU dks dgrs g\$ fd vtU t; & ijkt;] ykHk&gkfu vk\$ l q[k&nq[k] k dks l eku l e>dj ml ds ckn ; q) ds fy, r\$ kj gks tk] bl çdkj ; q) djus l s rw i ki dks çkR ugha gkskA⁹ nq[kh bl fy, ugha gskuk pkfg,] D; kfd ge tks Hkh dk; Z dj jgs g\$ og bZoj ds vkn\$ kkuq kj dj jgs gA ml h dh 'kfdR l s dj jgs g\$ ml h dh çj .kk l s dj jgs g\$ vk\$ ml h ds fy, dj jgs gA bl fy; s ; fn l Qyrk ugha Hkh feyrh rks nq[k dkgs ckr dka bl ckr dh i q"V Lo; a xhrk l s Hkh gsrh gA Hkxoku- Jh N".k vtU dks dgrs g\$ fd gs egkckgq vtU! onkUr ds vuq kj l eLr deZ dh i fRZ ds fy, i kq dkj .k gS vc rw muds ejs }kjk l qA¹⁰ deZ dk LFkku ¼'kj hj ½ drk] foFkku bflæ; kj vuq çdkj dh p\$Vk, j rFk ijekRek ea i kq deZ ds dkj .k gA¹¹ vf/k' Bkue- 'kCn 'kj hj ds fy, vk; k gA 'kj hj ds Hkhrj vkRek deZ djrk gA ftl l s deQy gkrk gA vr, o ; g drkZ dgykrk gA vkRek gh Kkrk rFkk drkZ g\$ bl dk mYys[k Jfr ea gA¹²

onkUr l = ea Hkh dgk g\$ fd pi # "k gh deZ djus okyk gA¹³ vk\$ Hkh vkxs onkUr l = ea dgk g\$ fd deZ ds mi dj .k bflæ; kj g\$ vk\$ vkRek bugha bflæ; ka ds }kjk foFkku deZ djrk gA çR; id deZ ds fy, i fkd- p\$Vk gsrh gA yfdu l kjs dk; & dyki ijekRek dh bPNk ij fuHk] djrs g\$ tks çR; id ân; ea fHkku : i ea vkl hu gA¹⁴ bl h ckr dh i q"V djrs gq Lokeh çHk] kn

8) कः 'kj . keflOpN Ni .kk% Qyहेतवः ।। गी० 2 / 49
 8) ; qRks tgrhg mHks l NrnqNra
 तस्माद्योगाय युज्यस्व योगः कर्मसु कौशलम् । गी० 2 / 40
 9) l q[k nq[k] l es NRok ykHkkykHk\$ t; kt; kA
 ततो युद्धाय युज्यस्व नैवं पापमवाप्स्यसि ।। गी० 2 / 38
 10) i p\$kfufu egkckgk\$ dkj .kkfu fuckk eAA xhrk 18@13
 11) अधिष्ठानं तथा कर्ता करणं च पृथग्विधम् ।। गी० 18 / 14
 12) , "k fg æ"Vk l fVka ç' uki fu"kn-4@9
 13) Kks r, o onkUr l =k ¼2&3&18½
 14) rFkk drkZ 'kkL=kFkbRokrA onkUr 3@3@33

mi l gjk % xhrk ea l erk ds min'sk dks tks thou ea /kkj.k djrk g\$ og ; kxh i e#"k vR; Ur
 vkuln dh c'kflr djrk gvk eks'k dh c'kflr djrk g\$ bl h ckr dh i q"V djrs gq c'fke v/; k; ea
 Hkxoku-Jh N".k vtq. l s dgrs g\$ fd tks i e#"k l q'k vks nq'k ea fopfyu ugha gkrk] vks bu
 nkuka ea l ehko jgrk g\$ ogh l erk g\$ og fuf' pr : i l s eks'k ds ; kx; gA²¹ l erk dh voLFkk
 dks Li "V djrs gq s Hkxoku-dgrs g\$ fd ftl l e; ea %; g i e#"k l Ei w k z eukdkeukvka dks vPNh
 c'dkj l s R; kx nrk g\$ vks vkRek l s vkRek ea gh l r d v jgrk gA ml voLFkk ea og fLFkr c'K
 g\$ vFkkir-l erke; gA²² nq'kka ds gkus ij ftl ds fpUk ea m}x ugha gkrk] l q'kka dh c'kflr ea tks
 l oFkk fuLi'g g\$ vks ftl ds jkx] Hk; vks Øks'k u"V gks x; s g\$, s k e'fu fLFkr c'K dgk tkrk
 g\$ vFkkir-l erkoku-dgk x; k gA²³ cMh&cMh fodV l eL; kvka dks cMh&cMh fodV vol knka dks ; s
 xhrk dk Kku l ekir dj nrk g\$ vks euq; dks 'kkfUr c'kflr djkrk gA vkt ds l e; ea Hkh xhrk
 ea ; gh l erk dh vo/kkj.kk gA

21 ; a fg u 0; Fk; UR; srs i e#"ka i e#"k kZkA
 l enq'k l q'ka /khj a l ks erUok; dYi rAA xhrk 1@15
 22 c'tkgfir ; gk dkekUl okZi kFkz eukxrkUA
 vkReU; okReuk r'qV% fLFkr c'K LrnkP; rAA xhrk 2@55
 23 nq'k ksouq} Xueuk% l q'k ksq foxrLi gA
 ohrj ketk; Øks'k% fLFkr /khe' u #P; rAA xhrk 2@56